A SYSTEMATIC CARD *for the* METHOD of PRAYER- ADP-VV (Compiled by the Little Friars and Nuns of Jesus and Mary) _ _ _ _ _ _ _ _ _ _ _ _ _

(H5-SrE.M.T.)

"The Announcement of the Kingdom of God"...

FROM THE GOSPEL ACCORDING TO - MARK -:

"[Jesus] summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits. He instructed them to take nothing for the journey but a walking stick - no food, no sack, no money..." (Mark 6:7-8)¹

MEDITATION ON THE MYSTERY:

Lord, give us also the grace to be able to be – with the deeds of our lives and in the Truth of the Word – powerful Announcers of the Kingdom of Heaven, bringers of Charity that burst with joy in every possible way. (cf. SLC, p. 83)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to announcing the Kingdom of God, the Omnibus of Franciscan Sources recounts: "All who heard and saw [Francis], whatever their rank and condition, felt a great fear and reverence for him.... Men were always edified by his words... and were either converted to God or pricked in conscience."

> (MIRROR OF PERFECTION, 105, English Omnibus of the Sources for the Life of St. Francis, II, edited by M. A. Habig. St. Anthony Messenger Press: Cincinnati [OH] 2008, p. 1243)

¹NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, Aveeeee, Ave Maria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...